



AUTUMN 2024 MENU

WEEK 1

Served w/c 2nd Sept, 23rd Sept, 14th Oct, 14th Nov, 2nd Dec, 6th Jan and 27th Jan

WEEK 2

Served w/c 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec, 13th Jan & 3rd Feb

WEEK 3

Served w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan & 10th Feb

For more information about food items, menus, or recipes, please speak to your on-site catering team, or contact our Technical Support Team:
 E: NYES.Catering@northyorks.gov.uk T: (01609) 535324
 W: www.northyorks.gov.uk/schoolmeals

Fresh fruit & yoghurt available with every meal!



If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.



We have highlighted the 14 allergens on our menus to help you make informed decisions.

Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.



V = Vegetarian

- Vegetables
- Fish
- Crustaceans
- Eggs
- Cereals
- Containing Gluten
- Lupin
- Peanuts
- Soya
- Milk
- Nuts
- Sesame Seeds
- Sulphur Dioxide
- Mollusc
- Mustard

Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:



www.northyorks.gov.uk/free-school-meals

Friday

- V Sweet Potato Bake**
- V Peas & Sweetcorn**
- V Ketchup**
- V Homebaked 50/50 Bread**
- V Bonoffe Mousse Pot**

- Battered Fish**
- Sweet Potato Bake**
- Chips**
- Peas & Sweetcorn**
- Ketchup**
- Homebaked 50/50 Bread**
- Bonoffe Mousse Pot**

- Chocolate Orange Mousse Cake**
- Fish Star with Chips**
- Cheesy Bean Loaded Potato Skins**
- Chips**
- Ketchup**
- Sweetcorn & Peas**
- Cusky Bread**
- Chocolate Orange Mousse Cake**
- Oat Cookie & Cheese**

Thursday

- Spaghetti Bolognese**
- Shepard's Pie**
- Medley of Vegetables**
- Homebaked Garlic Flobread**
- Cheese & Biscuit**

- Spaghetti Bolognese**
- Shepard's Pie**
- Medley of Vegetables**
- Homebaked Garlic Bread**
- Jammy Shortbread**

- Chocolate Fudge Pudding with Vanilla Sauce**

Wednesday

- Autumn Cumble Sponge & Custard**
- Sausage & Yorkshire Pudding**
- Vegetable Nuggets & Yorkshire Pudding**
- Roast Potatoes**
- Carrots & Broccoli**
- Sliced Wholemeal Bread**
- Jelly & Ice-cream**

- Autumn Cumble Sponge & Custard**
- Sausage & Yorkshire Pudding**
- Vegetable Nuggets & Yorkshire Pudding**
- Roast Potatoes**
- Carrots & Broccoli**
- Sliced Wholemeal Bread**
- Jelly & Ice-cream**

- Sticky Toffee Pudding & Custard**
- Roast Gammon**
- Veggie Sausage**
- Gravy**
- Mashed Potatoes**
- Medley of Vegetables**
- Homebaked 50/50 Bread**
- Flapjack**
- Lemon Drizzle Cookie**

Tuesday

- Chicken Korma**
- Sweet & Sour**
- 50/50 Rice**
- Cauli & Green Beans**
- Naan Bread**

- Curried Chicken Rice**
- Pasta Bake**
- Carrots & Broccoli**
- Cusky Bread**

- Sticky Toffee Pudding & Custard**
- Roast Gammon**
- Veggie Sausage**
- Gravy**
- Mashed Potatoes**
- Peas & Sweetcorn**
- Sliced Wholemeal Bread**
- Lemon Drizzle Cookie**

Monday

- Sausage Roll**
- Cheese Whirl**
- Baked Baby Potatoes**
- Baked Beans**
- Cusky Bread**
- Chocolate Biscuit Bar**

- Pizza**
- Mexican Veg Burrito**
- Portio Wedges**
- Peas & Sweetcorn**
- Chocolate Brownie**

- Chicken Nuggets**
- Veggie Burger**
- Diced Potatoes**
- Vegetable Sticks**
- Homebaked 50/50 Bread**
- Autumn Fruit Muffin**

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.